



Appalachian Trail: Rutland to Hanover

Feb 14, 2016

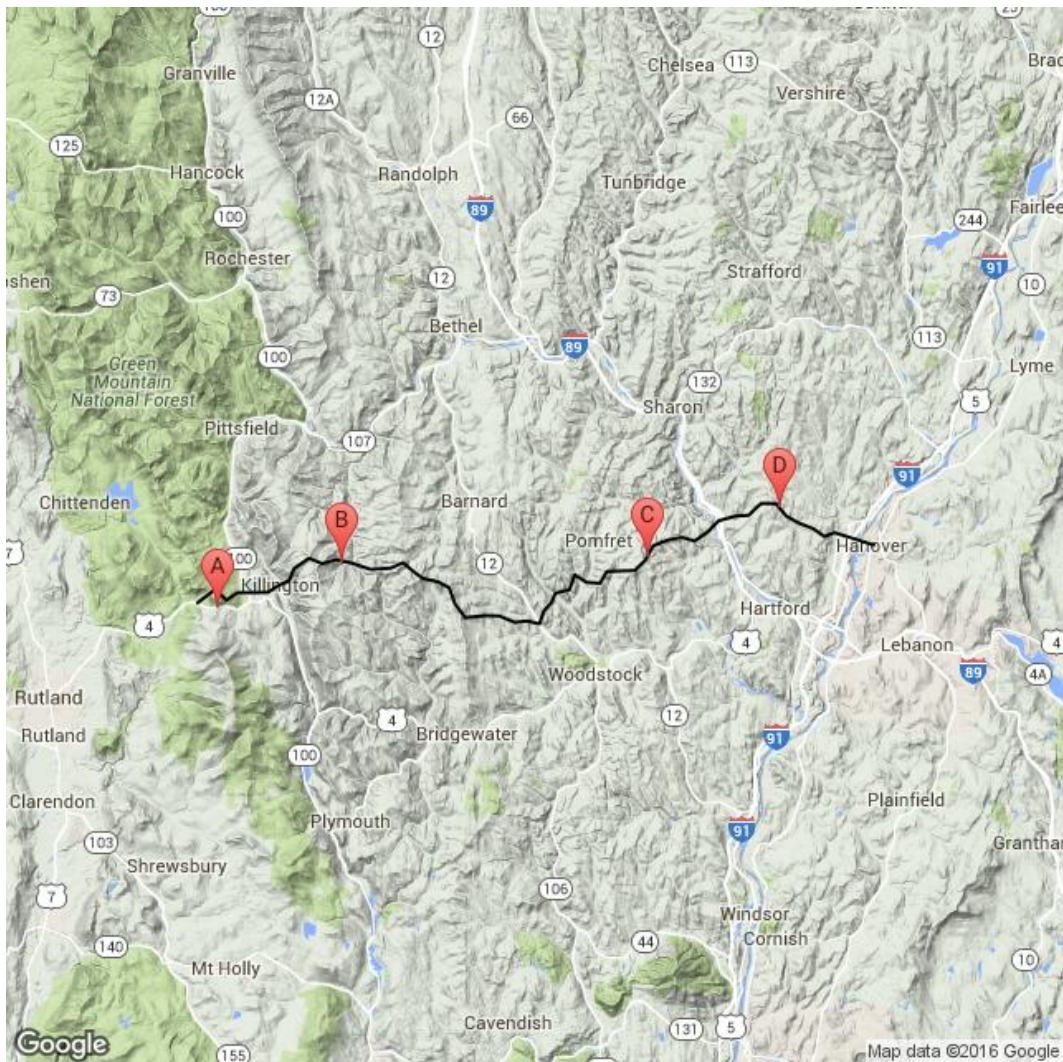
US 4 to Hanover, NH

46.1 miles, avg. grade: 8.9%, high: 2650 ft, low: 380 ft

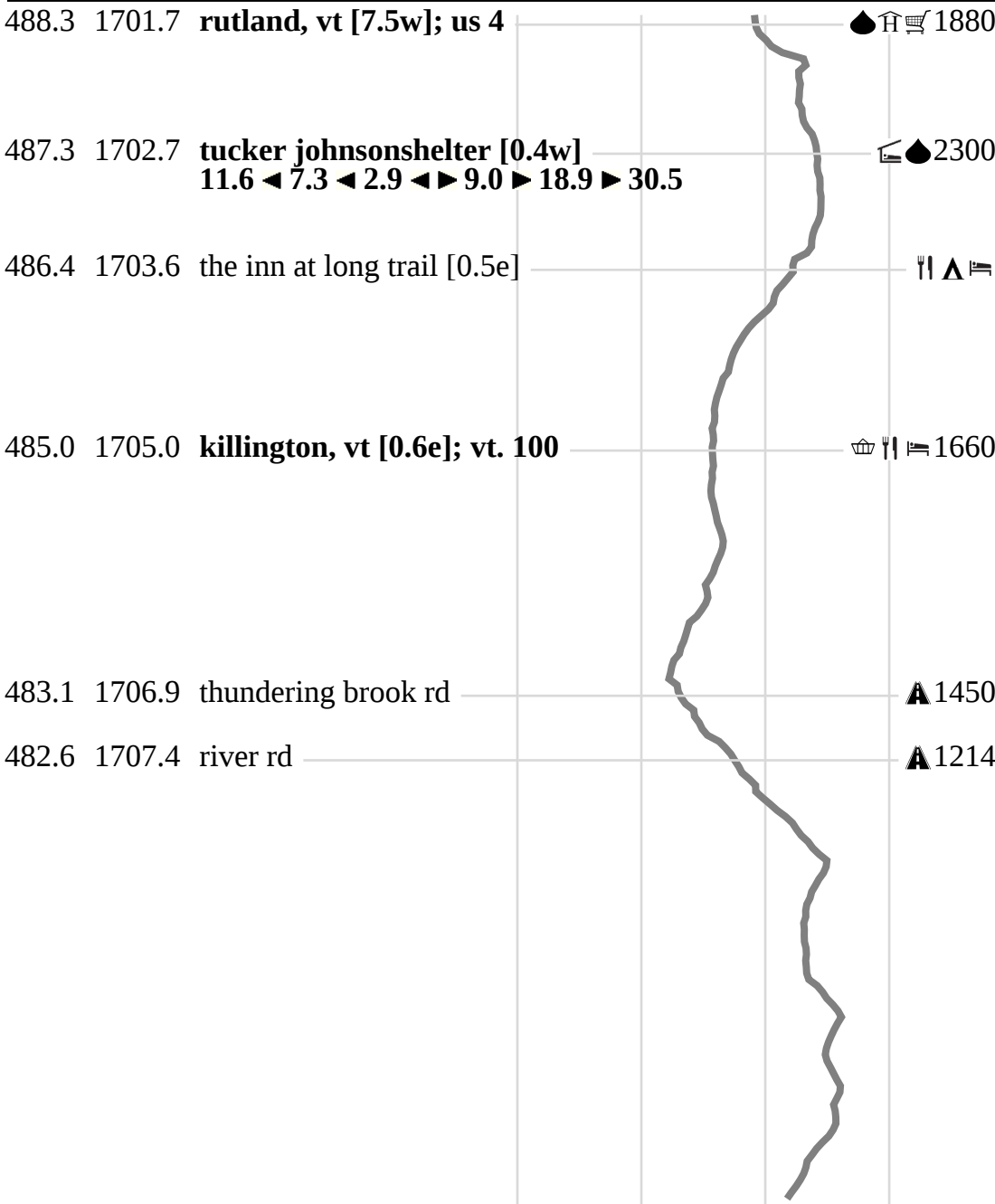
For the latest info about the current section: <http://www.wikitrail.org/sections/view/at/3037>.

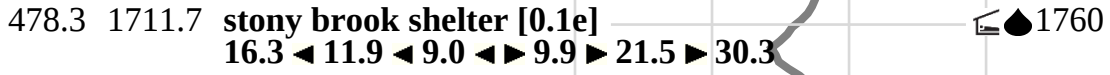
Thank you [trpost](#) for contributing the most recent edits to this section!

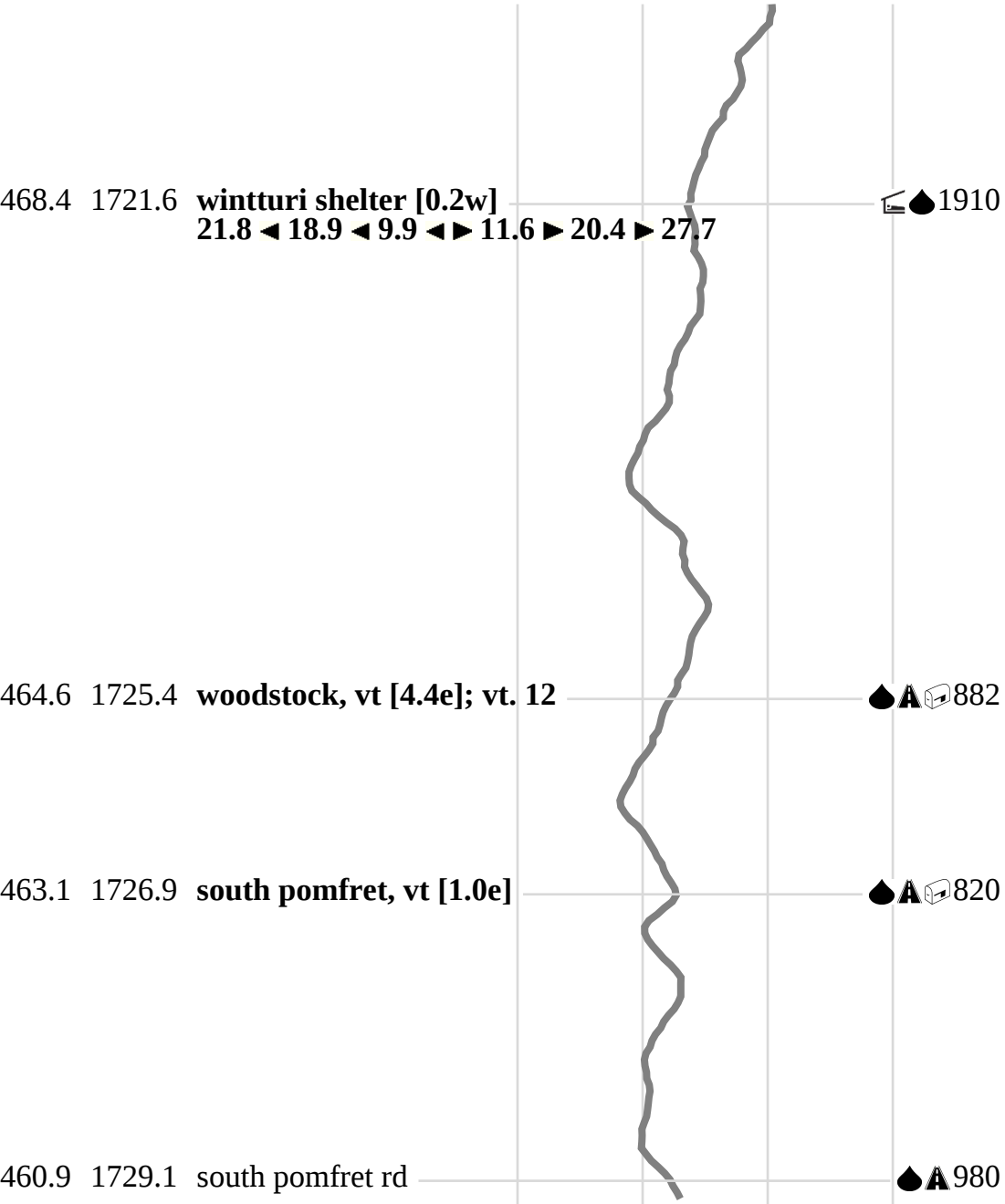
All elevations are in ft and all distances are in miles. For questions about what the icons in this guide represent, please visit [wikitrail's](#) [faq](#) page.

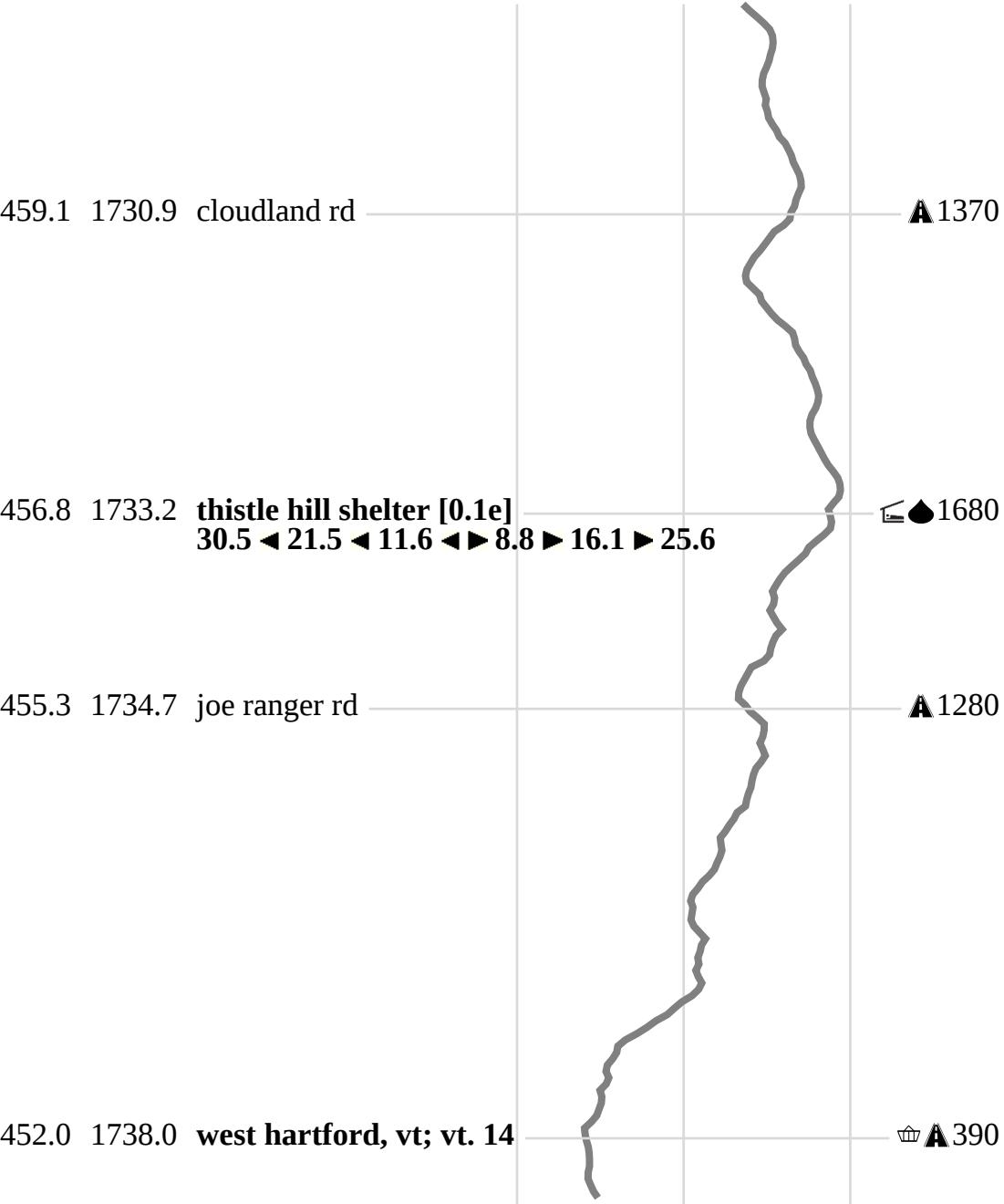


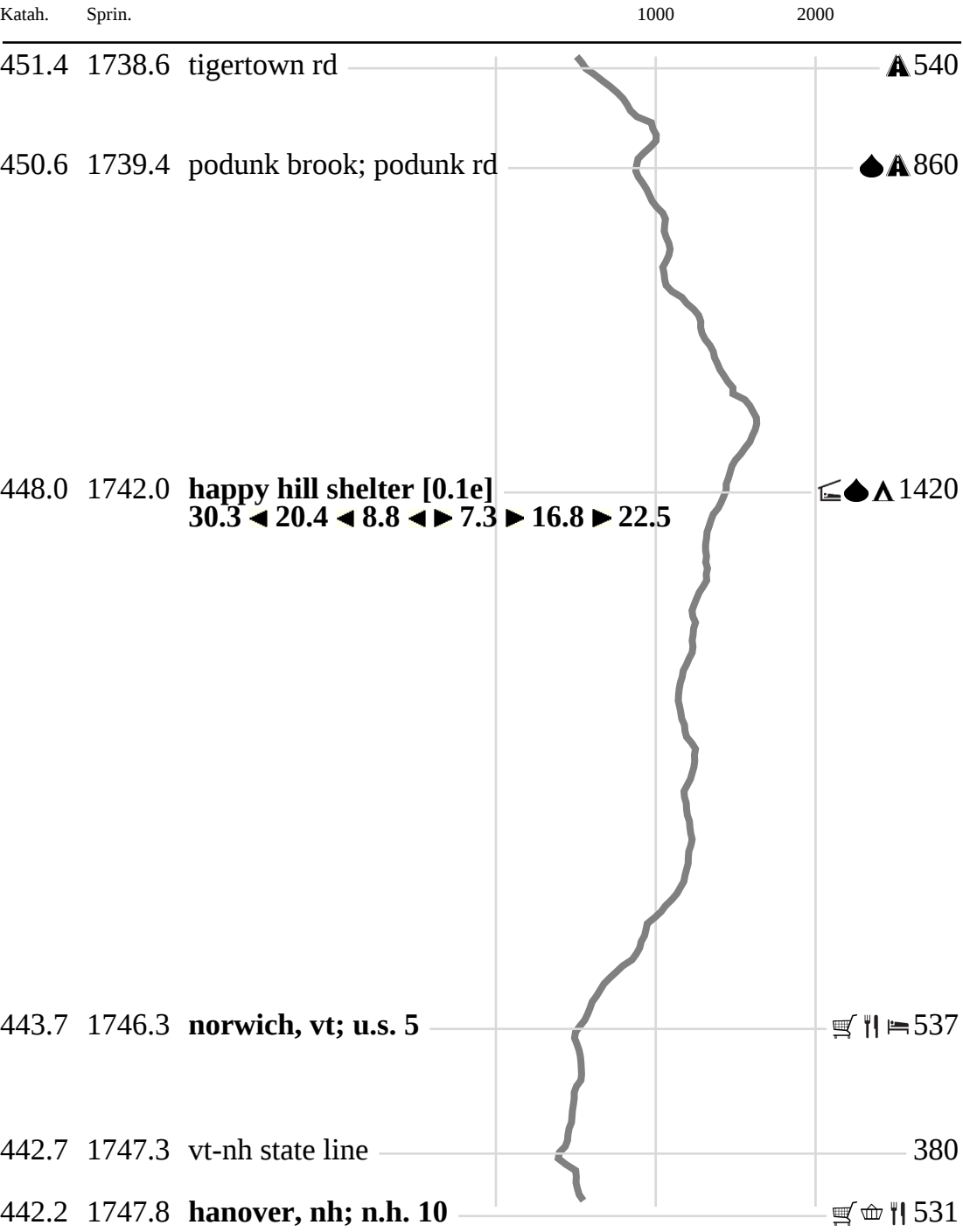
A: The Inn at Long Trail, B: Stony Brook Shelter, C: Thistle Hill Shelter, D: Happy Hill Shelter



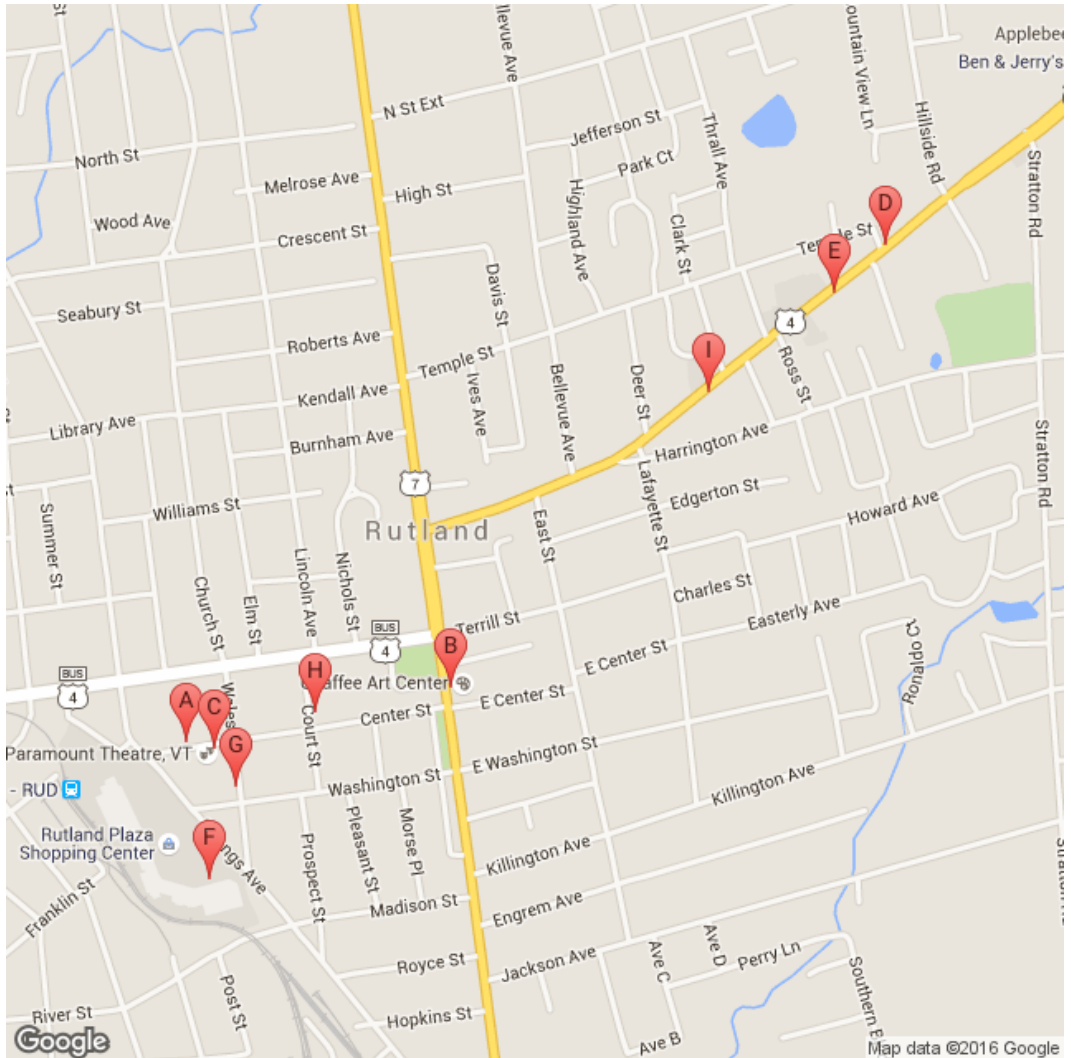








Rutland, VT



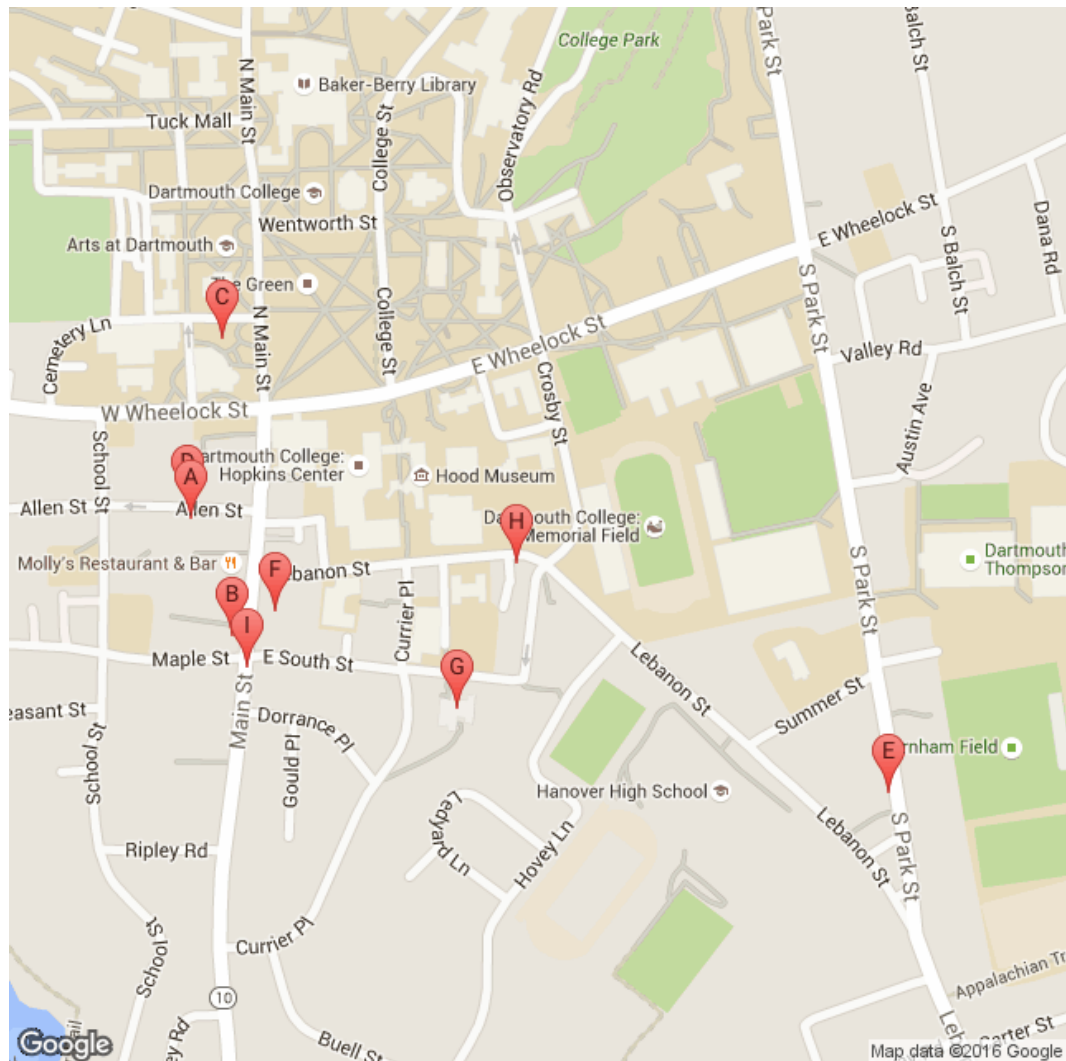
A: Back Home Again Cafe, B: Dicks Sporting Goods, C: Kong Chow, D: Mountain Travelers Outdoor Shop, E: Pizza Hut, F: Price Chopper, G: Rutland Food Coop, H: Rutland Free Library, I: Rutland, VT PO

Norwich, VT



A: Dan and Whits, B: Norwich Inn

Hanover, NH



A: Bagel Basement, B: CVS Pharmacy, C: Dartmouth Outing Club, D: Everything But Anchovies, E: Hanover Food Co-op, F: Hanover PO, G: Howe Public Library, H: Jewel of India, I: Mountain Goat

1701.7: US 4

Rutland, VT [7.5W]



Back Home Again Cafe (802) 775-9800
<http://www.twelvetribe.com> 23 Center Street,
Rutland, VT, United States



Dicks Sporting Goods 16 South Main Street,
Rutland, VT, United States



Eastern Mountain Sports



Kong Chow 48 Center Street, Rutland, VT,
United States



Mountain Travelers Outdoor Shop (802)
775-0814 147 Woodstock Ave, Rutland, VT



Pizza Hut 157 Woodstock Avenue, Rutland,
VT, United States



Price Chopper 38 Rutland Shopping Plaza,
Rutland, VT, United States



Rutland Food Coop 77 Wales Street,
Rutland, VT, United States



Rutland Free Library 10 Court Street,
Rutland, VT, United States



Rutland, VT PO (802) 773-0222 86
Woodstock Avenue, Rutland, VT, United
States 05701 M-F 8-5, Sa 8-12

1703.6



The Inn at Long Trail [0.5E] (802) 775-7181
The Inn at Long Trail, 709 Route 4, Sherburne
Pass, Killington, VT 05751 Sherburne Pass
Trail will take you here, or you can walk
along US 4. Free camping across the street
from the inn.

1705.0: Vt. 100

Killington, VT [0.6E]



Deli at Killington Corners 2068 U.S. 4,
Killington, VT, United States



Killington Motel (802) 773-9535 1946 U.S.
4, Killington, VT, United States



Killington, VT PO (802) 775-4247 1995 U.S.
4, Killington, VT, United States 05751 M-F
8:30-11, 12-4:30, Sa 8:30-12

Pittsfield, VT [6.0W]



Original General Store 3963 Vermont 100,
Pittsfield, VT, United States



Pittsfield, VT PO (802) 746-8953 3934
Vermont 100, Pittsfield, VT, United States
05762 M-F 8-12 2-4:30, Sa 8:30-11:30



Pittstop Gas Station and Market

1712.0



Stony Brook

1725.4: Vt. 12

Woodstock, VT [4.4E]



Library 10 South Park Street, Woodstock, VT,
United States M-Sa



Woodstock, VT PO (802) 457-1323
Woodstock, VT, United States 05091 M-F
8:30-5, Sa 9-12

1726.9: Woodstock Stage Rd

South Pomfret, VT [1.0E]



South Pomfret, VT PO (802) 457-1147 2035
Pomfret Road, South Pomfret, VT, United
States 05067 M-F 8-1 2-4:45, Sa 8:30-11:30

1738.0: Vt. 14

West Hartford, VT



West Hartford Village Store (802) 280-1713
5187 Vermont 14, Hartford, VT, United States

1746.3: U.S. 5

Norwich, VT



Dan and Whits 319 Main Street, Norwich,
VT, United States



Norwich Inn (802) 649-1143 325 Main
Street, Norwich, VT, United States



Norwich, VT PO (802) 649-1608 05055 M-F
8:30-5, Sa 9-12

1747.8: N.H. 10

Hanover, NH



Bagel Basement 6 Allen Street, Hanover, NH,
United States free bagel



CVS Pharmacy 79 South Main Street,
Hanover, NH, United States



Dartmouth Outing Club A good base for a
stay in Hanover. You can store your bag in the
basement and use their computers. Theyve
also got information about everything in town.



Everything But Anchovies 5 Allen Street,
Hanover, NH, United States



Hanover Food Co-op 51 South Park Street,
Hanover, NH, United States



Hanover PO (603)643-5201 50 S Main St,
Hanover, NH 03755 M-F 8:30-5, Sa 8:30-12



Howe Public Library 13 East South Street,
Hanover, NH, United States



Jewel of India 27 Lebanon Street, Hanover,
NH, United States



Mountain Goat (603) 676-7240 68 S. Main
St., Hanover, NH free snickers bar