

Appalachian Trail: Erwin to US19

Jan 29, 2018

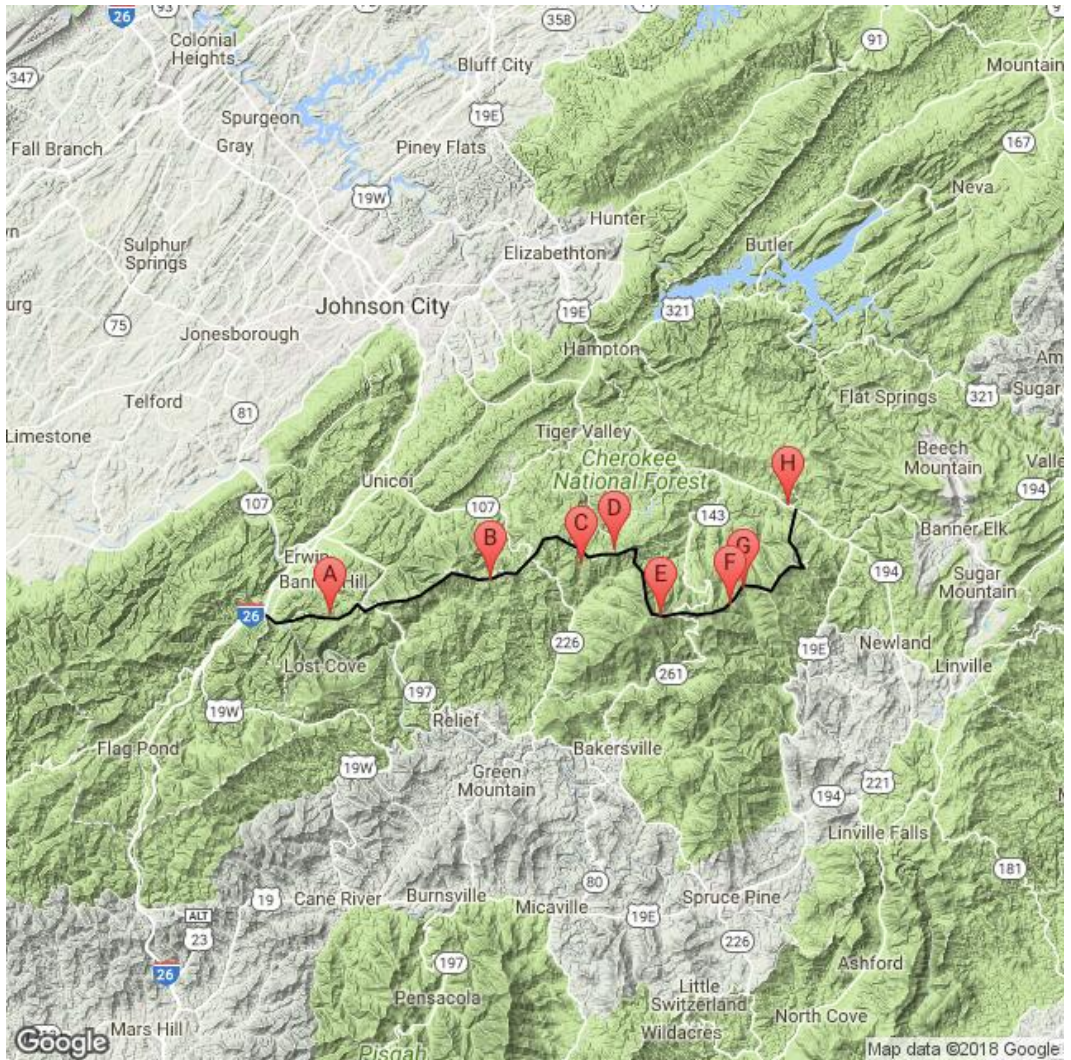
River Rd, Unaka Springs Rd to US 19E

50.9 miles, avg. grade: 9.4%, high: 6275 ft, low: 1690 ft

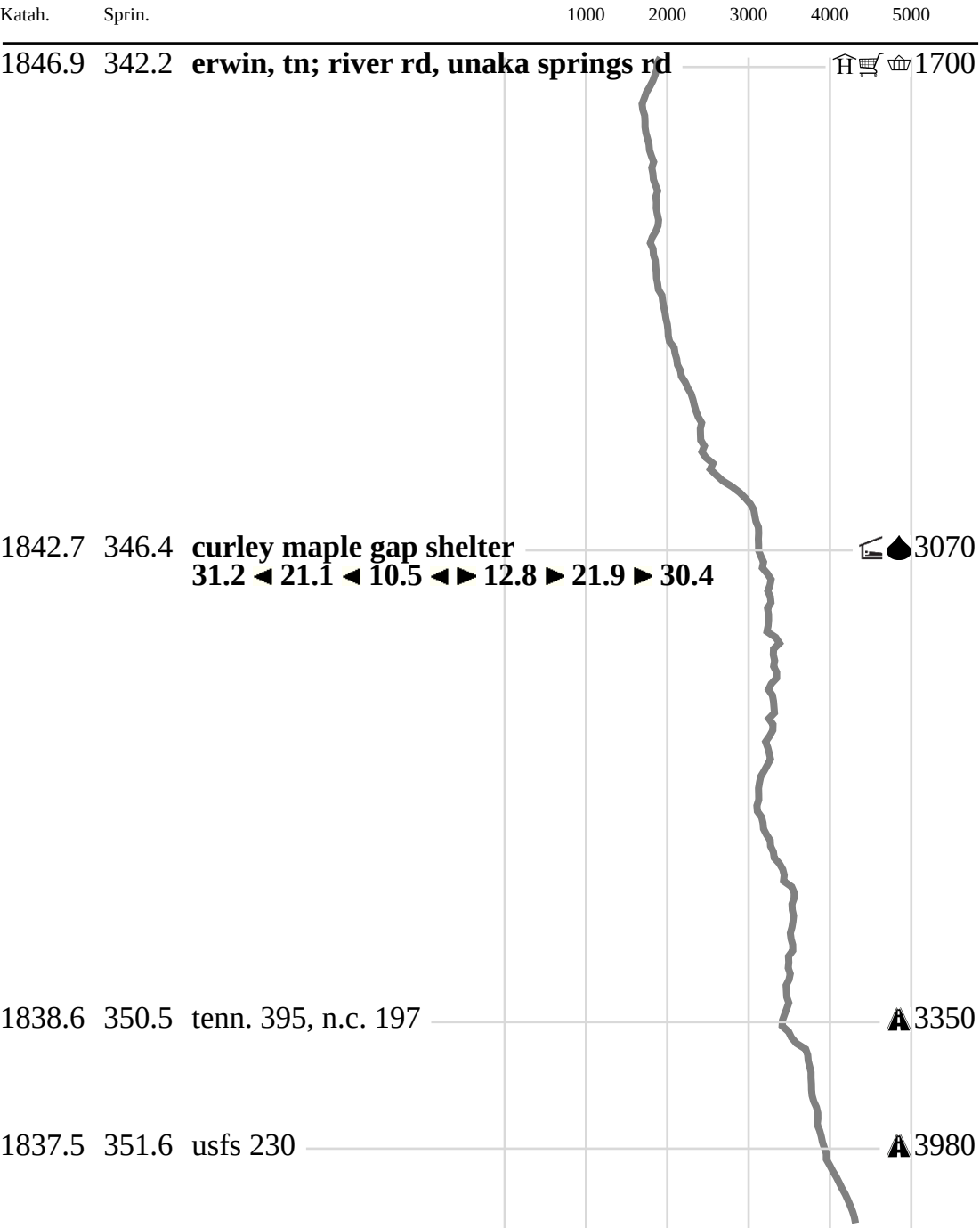
For the latest info about the current section: <http://www.wikitrail.org/sections/view/at/3009>.

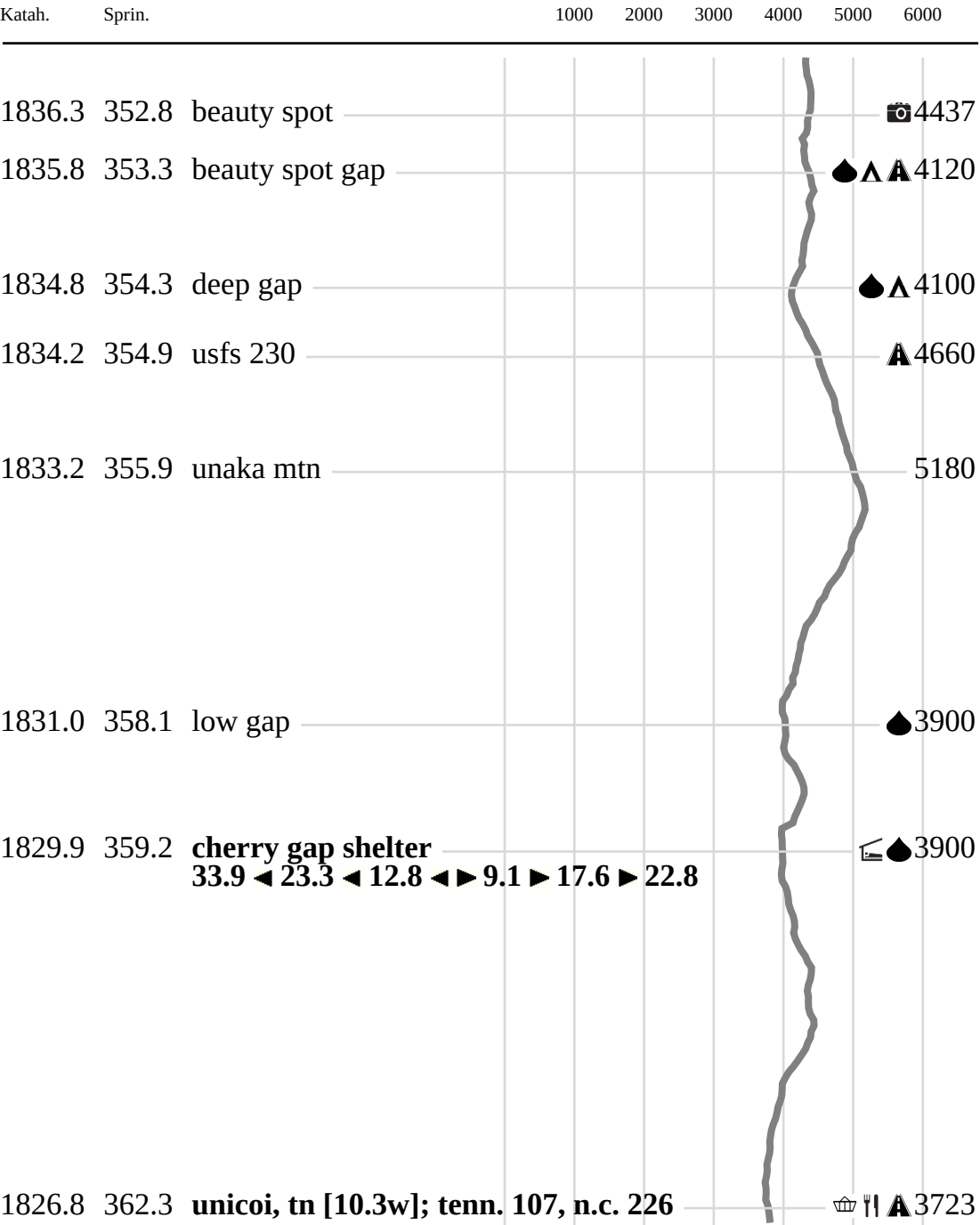
Thank you [jeopardy](#) and [trpost](#) for contributing the most recent edits to this section!

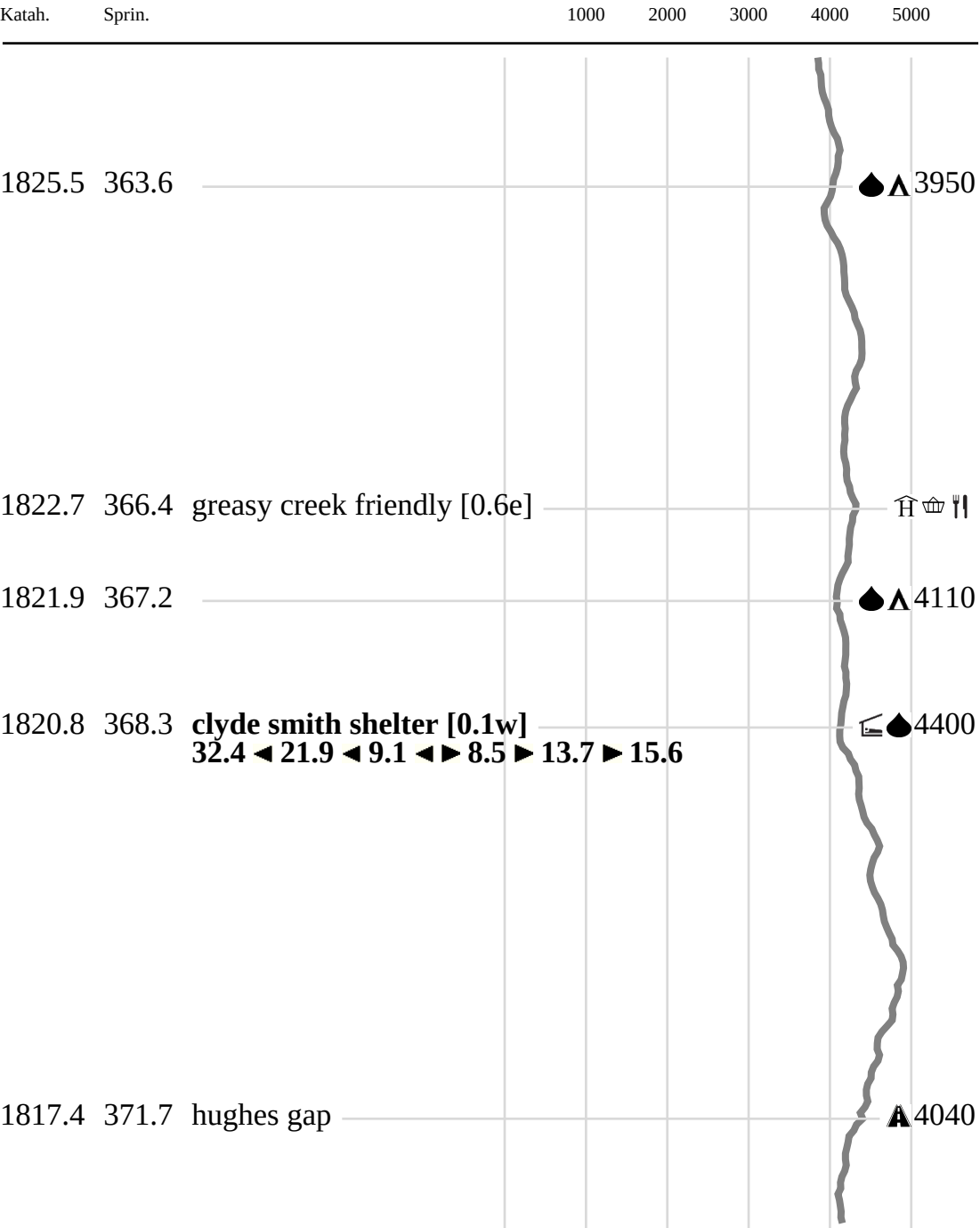
All elevations are in ft and all distances are in miles. For questions about what the icons in this guide represent, please visit [wikitrail's](#) [faq](#) page.

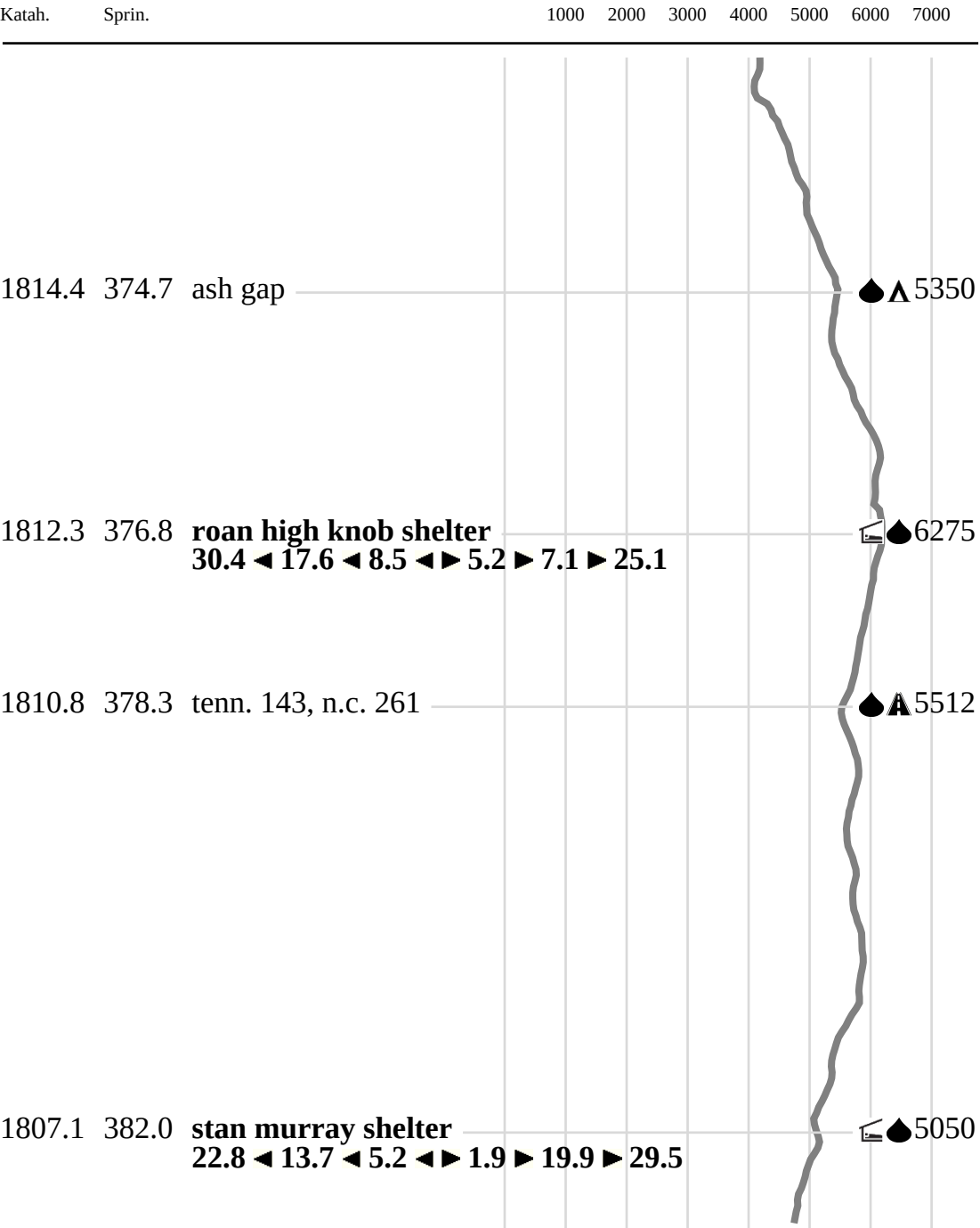


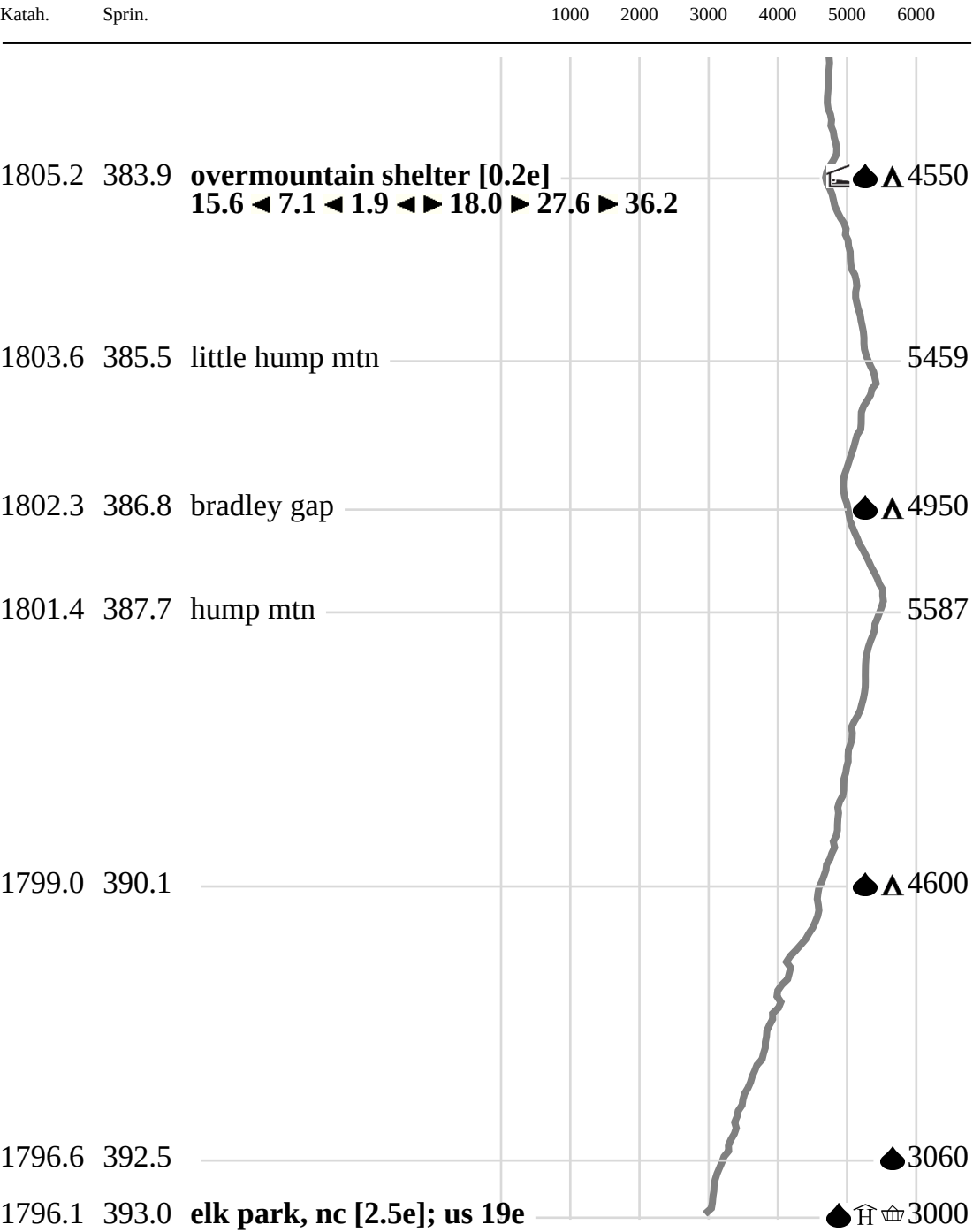
A: Curley Maple Gap Shelter, B: Cherry Gap Shelter, C: Greasy Creek Friendly, D: Clyde Smith Shelter, E: Roan High Knob Shelter, F: Stan Murray Shelter, G: Overmountain Shelter, H: Mountain Harbour BB and Hiker Hostel



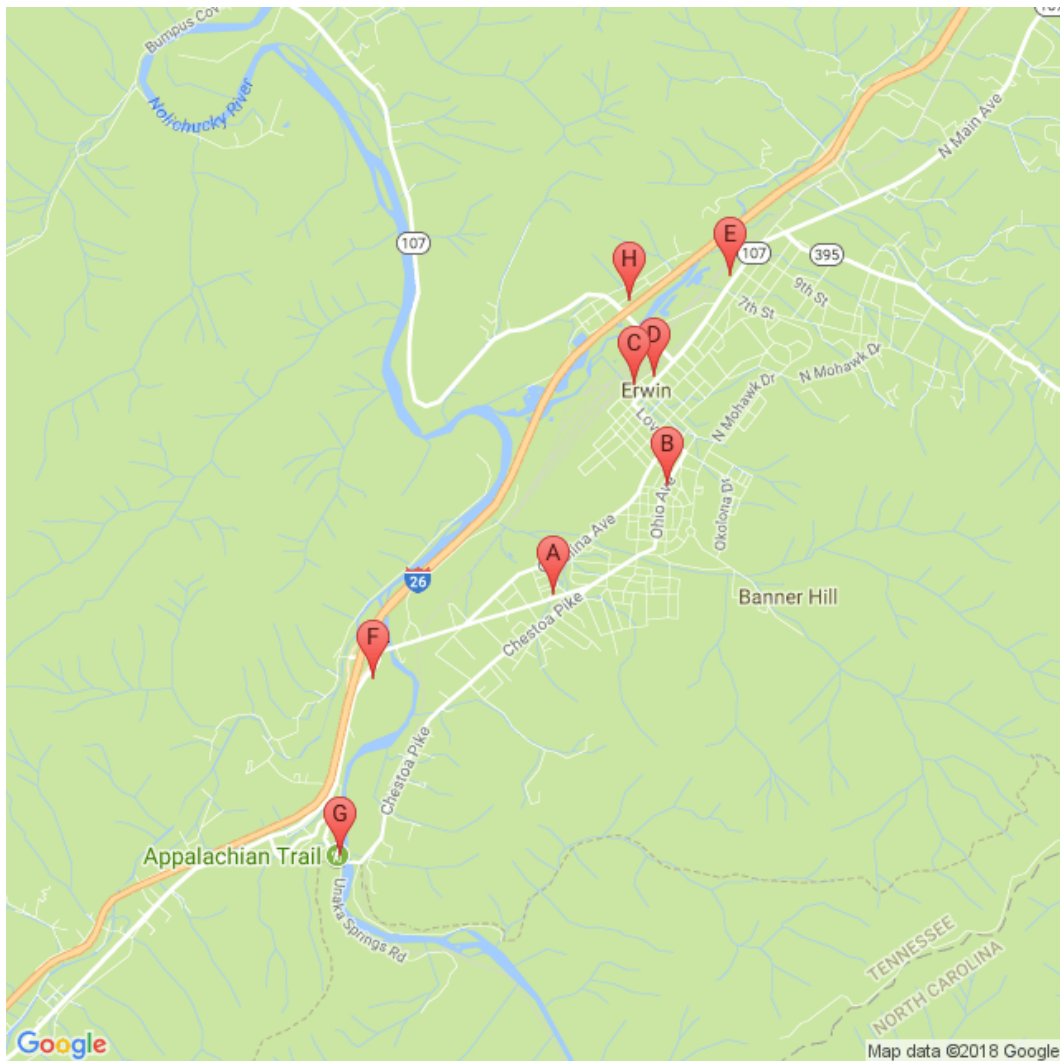








Erwin, TN



A: Best Southern Motel, B: Claytons Dogwood Inn, C: Erwin, TN Library, D: Erwin, TN PO, E: Food Lion, F: Holiday Inn Express, G: Nolichucky Hostel and Outfitters, H: Super 8 Motel

342.2: River Rd, Unaka Springs Rd

Erwin, TN



Best Southern Motel (423) 743-6438 1315
Jackson Love Hwy., Erwin, TN 37650



Claytons Dogwood Inn (423) 735-0093
<http://www.claytonsdogwoodinn.com> 430
Ohio Ave., Erwin, TN 37650



Erwin, TN Library (423) 743-3000 201
Nolichucky Avenue, Erwin, TN, United States



Erwin, TN PO (423) 743-9422 *Erwin, TN, United States* 37650 M-F 8:30-4:45, Sa 10-12



Food Lion 915 North Main Avenue, *Erwin, TN, United States*



Holiday Inn Express (423) 743-4100 2002
Temple Hill Rd., Erwin, TN 37650



Nolichucky Hostel and Outfitters (423)
735-0548 <http://www.unclejohnnys.net> 151
River Road, Erwin, TN 37650



Super 8 Motel (423) 743-0200 1101 N.
Buffalo St., Erwin, TN 37650



Whites

362.3: Tenn. 107, N.C. 226



Buladean Shell Gas and Grocery [3.0E]
(828) 628-4850

Unicoi, TN [10.3W]



Clarences Restaurant 4021 Unicoi Dr,
Unicoi, TN, United States B/L/D



Maple Grove Restaurant 1207 Gouge Road,
Unicoi, TN, United States



Unicoi, TN PO (800) 275-8777 4010 *Unicoi Dr, Unicoi, TN, United States* 37692 M-F 8-11 12-4, Sa 8:30-10:30

366.4



Greasy Creek Friendly [0.6E] (828)
688-9948 1827 *Greasy Creek Road, Bakerville, NC 28705*

393.0



The Station@19E [0.3E] (575)694-0734
<http://thestationat19e.com> (email:
Thestationat19E@gmail.com) 9367 HWY
19E, *Roan Mountain, Tennessee* 37687
Combination Tap Room and Hostel



The Station@19E [0.3E] 575-694-0734
<http://https://thestationat19e.com> (email:
Thestationat19E@gmail.com) 9367 HWY
19E, Roan Mountain, Tennessee 37687 Hostel
with a Tap Room(beer)

393.1: US 19E



Mountain Harbour BB and Hiker Hostel
[0.3W] (866) 772-9494
<http://www.mountainharbour.net> (email:
welcome@mountainharbour.net) 9151
Highway 19-E, Roan Mountain, TN 37687
Nice facilities, great food, friendly people.
There is a Bed and Breakfast. The hostel is
over the barn.

Elk Park, NC [2.5E]



Elk Park, NC PO (828) 733-5711 28622 M-F
7:30-12 1:30-4:15, Sa 7:30-11



Hard Times Cafe and Coffee House



Times Square Diner B/L/D